

# **Updates from Hōkūpa'a**

We believe a focus on behavioral health and substance abuse in schools and the community is needed to support social-emotional wellbeing for students and educators. This is especially true as behavioral health and substance abuse have emerged as issues of acute concern in our West Hawai'i community.

In this month's issue, we're proud to share an uplifting Bright Spot about one of our mini grant recipients. We also invite you to check out the Fentanyl Awareness summit to learn more about this critical issue affecting our communities.

If you're new or looking for a refresher on Hōkūpa'a, check out our <u>About Page</u>. Previous newsletters are in the <u>Archive Page</u>.

### Bright Spots: Stories of Impact

Last semester, we provided mini grants to Parent Community Networking Coordinators (PCNCs) at three West Hawai'i schools. Check out the blog below to read about the "Winter Wonderland" event at Ke Kula 'O 'Ehunuikaimalino and how you can reach out to help schools.

Bright Spot: "Winter Wonderland" at Ke Kula 'O 'Ehunuikaimalino



Amidst another challenging school year, we find bright spots to show what is possible with creativity, teamwork, and a little bit of holiday spirit. What to do when Winter Break is approaching and

Read More

## Featured Event: Fentanyl Summit

This event will be recorded for future viewing!

The County and community organizations like Hōkūpa'a member West Hawai'i Community Health center are holding a virtual summit to share information on fentanyl and how we can reduce it's harmful impact.

The event will be broadcast on Na Leo TV and streamed on Zoom on **2/22/22 from 10am-12pm.** Sign up to attend and to be alerted when the recording is available. See the flyer and link below for more information.

#### Sign up for our Fentanyl Awareness Summit! February 22, from 10:00 am to 12:00 pm ONLINE

Fentanyl kills.

Fentanyl, a dangerous opioid implicated in fatal overdoses, is here on Hawaii Island.

It is mixed into other drugs, like street Xanax or party drugs without users' knowledge. It can be fatal in tiny amounts.

Join for a free live ONLINE discussion with local experts, including Mayor Mitch Roth, to learn how to keep yourself, your 'ohana, and our community safe.

> Sign up for updates and sessing link at www.bit.ly/dontdiehi



A video recording will be available for your convenience shortly after the event.



## **Your Voice**

### FENTANYL **AWARENESS** SUMMIT

Tuesday, 2/22/22 10:00 a.m. 12:00 noon

www.WestHawaiiCHC.org/DontDieHI

deep

"...The development of self confidence and the ability to pursue one's plans does not exist in a vacuum. The people in a young person's life, and the environment and community that surrounds them affects their interests, behavior, opportunities, and growth. ...Family, other adults, peers, and one's environment and community all influence a young person's future goals and path forward."

--Harold K. L. Castle Foundation's Youth Voice Hawai'i Year 1 Report

### **Reach out!**

- Get in touch using <u>our contact page</u>.
- Let us know if you have resources, events, or other opportunities that you'd like us to share in the next newsletter or within our networks.



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